

**UTAH DEPARTMENT OF HEALTH AND HUMAN SERVICES
DIVISION OF INTEGRATED HEALTHCARE
NEW CHOICES WAIVER PROGRAM
UNIT ALLOCATION FOR ATTENDANT CARE SERVICES**

POINTS:

- 0. Independent:** No help, setup, or oversight, **or** help setup, oversight provided only 1 or 2 times (with any task or subtask)
- 1. Setup Help Only:** Article or device provided within reach of participant 3 or more times
- 2. Supervision:** Oversight, encouragement or cueing provided 3 or more times during last 3 days; **or** supervision (1 or more times) plus physical assistance provided only 1 or 2 times (for a total of 3 or more episodes of help or supervision)
- 3. Limited Assistance:** Participant highly involved in activity; received physical help in guided maneuvering of limbs or other non-weight bearing assistance 3 or more times; **or** a combination of non-weight bearing help with more help provided only 1 or 2 times during period (for a total of 3 or more episodes of physical help)
- 4. Extensive Assistance:** Participant performed part of activity on their own (50% or more of subtasks), but help of the following type(s) was provided 3 or more times:
 - Weight bearing support, **or**
 - Full performance by another during part (but not all) of last 3 days
- 5. Maximal Assistance:** Participant was involved and completed less than 50% of subtasks on their own (includes 2+ person assist). Participant received weight-bearing help or full performance of certain subtasks 3 or more times
- 6. Total Dependence:** Full performance of activity by another.

Point Total	36-53 Minimal Assistance	20-59 units/wk.	One unit equals 15 minutes. If more than allocated units are listed on the care plan, the CM must document justification in the NCW log.
	54-71 Moderate Assistance	60-110 units/wk.	
	72-90 Intense Assistance	112-140 units/wk.	

FUNCTIONAL STATUS

ACTIVITY	POINTS	
Bathe		Medicaid State Plan-Do not include in total
Groom		Medicaid State Plan-Do not include in total
Dress/Undress		Medicaid State Plan-Do not include in total
In/Out of bed		
In/Out of chair		
Toileting		
Drink/Eat		
Take medication		
Mobility in home		
Put on braces/prosthesis		
Use telephone		
Prepare meals		
Wash dishes		
Clean house		
Do laundry		
Admit visitors		
Manage finances/mail		
Shopping		
TOTAL:		

The Unit Allocation Sheet is part of the person-centered planning process; and should be completed annually.